## LOVE no matter what!

## ITS TIME FOR SOME GUTSY CHANGE WITHIN FAMILIES TO BRIDGE THE GAP FROM CONDITIONAL LOVE TO UNCONDITIONAL LOVE.

Stop Ostracising Your Negative Family and Friends is based on Leah Thomas's experiences and insights of life, love and family over the past 45 years. From humble beginnings in labour work, take-away joints, woolsheds, child care education, foster care, aboriginal education, to education management in a prison. This book combines the tools, strategies and techniques, Leah embraced to re-learn how to love unconditionally and maintain her personal power along the way. If Leah and many others, who have been hurt by the ones they love, can love unconditionally, then you can too.

This book gives you the opportunity to learn:

- Why people do what they do and ostracise negative family and friends
- ▼ The difference between conditional and unconditional love
- ♥ How to love negative family and friends unconditionally
- How to maintain your personal power and values without ostracising negative people from your life



Leah Thomas is founder and accredited head coach at Gutsy Change Education and Coaching. Leah is passionate about empowering individuals and families to unconditionally love themselves and each other, which enables them to embrace their inspiration and create a fulfilling, extraordinary life.

You can connect with Leah at www.gutsychangeducationandcoaching.com

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